

# SIXTH FORM LUNCH




WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Leek & Potato Soup	Cream of Mushroom Soup	Mixed Bean Soup	Roasted Pepper Soup	Cream of Vegetable Soup
<b>MAIN MEALS</b>  TO NOURISH, NURTURE AND SUSTAIN	Spaghetti Bolognese	Spud Society  Your Tato your way!	Chicken Biryani	Modern Italian Pasta Bar  Putting a spin on all things Italian	Hand Battered Fish & Sausages
	Vegan Jambalaya		Vegetable Biryani		Vegetable Quiche
<b>SIDES</b>	Garlic Bread Grated Parmesan Peas Sweetcorn		Onion Bhaji Sag Gobi Mint Raita Mango Chutney		Chips Mushy Peas Baked Beans
<b>SALAD OF THE DAY</b>	Greek Salad	Tuna Niscoise	Chicken Caesar	Asian Steak Noodle	Prawn Pasta
<b>EVERY DAY</b>	We offer daily a selection of yogurt, fresh fruit, cold desserts, jelly pots, pasta and jacket bars				

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WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <b>SOUP</b>	Roasted Cauliflower Soup	Sweet Potato Soup	Pea & Ham Soup	Mulligatawny Soup	Cream of Onion Soup
<b>MAIN MEALS</b>  <b>TO NOURISH, NURTURE AND SUSTAIN</b>	Thai Green Chicken Curry	Proper Burgers  The overindulgent Burger Bar	Homemade Sausage Rolls	Bowl Food  Healthy, Balanced & Nutritious!	Hand Battered Fish & Sausages
	Thai Red Vegetable Curry		Homemade Vegetarian Sausage Rolls		Baked Gnocchi with Mushroom & Blue Cheese Sauce
<b>SIDES</b>	Sticky Rice Pak Choi Green Beans Poppadoms		Saute Potatoes Sweetcorn Peas		Chips Mushy Peas Baked Beans
<b>SALAD OF THE DAY</b>	Ploughmans	Coronation Chicken	Tricolour Couscous	Tuna & Sweetcorn	Feta Pasta
<b>EVERY DAY</b>	We offer daily a selection of yogurt, fresh fruit, cold desserts, jelly pots, pasta and jacket bars				

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WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <b>SOUP</b>	Carrot & Coriander Soup	Broccoli Cheese Soup		Chicken Soup	Cream of Sweetcorn Soup
<b>MAIN MEALS</b>  TO NOURISH, NURTURE AND SUSTAIN	Chicken Katsu	Selection of Homemade Pizza	  World Cuisines  Authentic Food, Traditional Culture	Chilli Con Carne	Hand Battered Fish & Sausages
	Plant Based Katsu			Vegetable Chilli	Falafel & Pitta Bread
<b>SIDES</b>	Steamed Rice Pak Choi Asian Slaw & Pickles	Zucchini Chips Corn on the Cob Baked Beans		Steamed Rice Green Beans Cauliflower	Chips Mushy Peas Baked Beans
<b>SALAD OF THE DAY</b>	Chicken Caesar	Asian Steak Noodle		Tuna & Potato	Chicken & Sweet Chilli Cous Cous
<b>EVERY DAY</b>	We offer daily a selection of yogurt, fresh fruit, cold desserts, jelly pots, pasta and jacket bars				