

Sixth Form Lunch Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Leek & Potato Soup Served with Freshly Baked Bread	Tomato Soup Served with Freshly Baked Bread	Creamy Vegetable Soup Served with Freshly Baked Bread	Carrot & Coriander Soup Served with Freshly Baked Bread	Mushroom Soup Served with Freshly Baked Bread
Main Dishes	Beef Bolognaise	Roast Pork, Stuffing, Apple Sauce & Crackling	Chicken Tikka Masala	Loaded Macaroni Cheese with Peppers, Pumpkin Seeds and Toasted Panko Breadcrumbs	Hand Battered Fish or Battered Sausage
	Vegetable Bolognaise	Stuffed Peppers	Lentil & Sweet Potato Curry		Vegetable Quiche
On the Side	Grated Parmesan Spaghetti Garlic Bread Peas & Sweetcorn	Roast Potatoes Cabbage & Carrots Yorkshire Pudding Gravy	Onion Bhaji Sag Gobi Pilau Rice	Green Beans Corn on the Cob	Chips Baked Beans Mushy Peas
Jackets, Pasta & Salads	Stuffed Sweet Potato	Tuna & Broccoli Pasta Bake	Jacket Potato with Coleslaw, Baked Beans & Cheese Greek Salad	Cheese, Onion & Bacon Stuffed Jackets	Courgette, Mushroom & Onion Pasta
	Tuna Pasta Salad	Ham & Egg Salad		Chicken & Cherry Tomato Sweet Chilli Cous Cous	Asian Noodle Salad With Chopped Steak
Desserts	Fruit Crumble & Custard	Jam & Coconut Sponge	Mixed Fruit Flapjack	Chocolate Sponge & Chocolate Custard	Apple & Blackberry Pie with Cream


HOLROYD HOWE

There will be a Salad Bar, Fresh Fruit, Cold Desserts and a Gluten Free option available daily

Sixth Form Lunch Menu

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Roasted Pepper Soup Served with Freshly Baked Bread	Mixed Bean Soup Served with Freshly Baked Bread	Butternut Squash & Coconut Soup Served with Freshly Baked Bread	Cream of Onion Soup Served with Freshly Baked Bread	Lentil & Vegetable Soup Served with Freshly Baked Bread
Main Dishes	Beef Lasagne	Homemade Chicken Pie	Selection of Homemade Pizzas	Chicken Burger in an American Burger Bun	Hand Battered Fish Or Battered sausage
	Vegetable Lasagne	Homemade Vegetable Pie		Vegetable Burger in an American Burger Bun	Sweet & Sour Chickpeas with Vegetables Served on a Bed of Rice
On the Side	Garlic Bread Roasted Mediterranean Vegetables Mixed Salad	Creamed Potatoes Buttered Peas Roasted Carrots	Loaded Coleslaw Sweet Potato wedges	Onion Rings Corn on the Cob Potato salad	Chips Mushy Peas Baked Beans
Jackets & Pasta	Jacket Potato with Prawns in a Marie-Rose Sauce	Falafel in a Tomato Sauce with Pasta	Stuffed Sweet Potatoes	Pasta Arrabiata	Jacket with Baked Beans & Cheese
	Ham & Cheese Ploughman's	Prawn & Pasta Salad	Chicken Caesar Salad	Tuna Potato Salad	Coronation Chicken Salad
Desserts	Pineapple Upside Down Cake	Chocolate & Coconut Crispy Slice	Homemade Muffins	Bread & butter pudding	Plum Crumble & Custard
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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Pea & Mint Soup Served with Freshly Baked Bread	Roasted Cauliflower Soup Served with Freshly Baked Bread		Cream Of Broccoli Soup Served with Freshly Baked Bread	Sweet potato Soup with Garlic Croutons Served with Freshly Baked Bread
Main Dishes	Meatballs in a Creamy Tomato Sauce	Chicken Katsu		Beef Stew & Dumplings	Battered Fish Or Breaded Fish Cakes
	Falafel in a Creamy Tomato Sauce	Quorn & Vegetable Katsu		Vegetable & Lentil Stew with Dumplings	Vegetable Frittata
On the Side	Spaghetti Broccoli Sweetcorn	Sticky Rice Pak Choi Asian Slaw & Pickles	International Day	Cabbage Creamed Potatoes	Mushy Peas Baked Beans Chips
Jackets & Pasta	Jacket Potato with Coronation Chicken	Mushroom Carbonara		Jacket Potato with Filling.	Minted Pea Risotto
	Pesto pasta with Mozzarella, Tomato & Basil	Nicoise Salad		Prawn Salad	Chicken Caesar Salad
Desserts	Vanilla & Strawberry Muffin	Sticky Toffee Pudding with Toffee Sauce		Orange and Sultana Sponge with Custard.	Mixed Fruit Trifle

There will be a **Salad Bar, Fresh Fruit, Cold Desserts and a Gluten Free option** available daily