





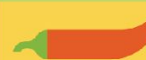
Junior School Lunch Menu

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Mac & Cheese Or Spanish Potato Tortilla	Chicken Schnitzel Or Aubergine Schnitzel 	Roast Pork or Stuffed Mint Aubergine	Pizza Margherita or Peperoni	Fish Fingers or Battered Halloumi
Sides	Roasted Vegetables Crispy Cabbage Olive Focaccia & Basil Pesto	Mash Potatoes Green Beans Carrots Garlic Mayo	Yorkshire Pudding Roasted Potatoes Cauliflower Garden Peas & Gravy	Potato Wedges Sweetcorn Broccoli Rocket & Olives	Tartar Sauce Tomato Ketchup French Fries Sweet Corn Garden Peas
Pasta & Jacket	Baked Beans Grated Cheese	Baked Beans Grated Cheese Tomato Sauce	Baked Beans Grated Cheese Tomato Sauce	Baked Beans Grated Cheese	Baked Beans Grated Cheese
Desserts	Vanilla & Poppy Seed Sponge with Strawberry Sauce	Vegan Coconut Rice Pudding & Mango Coulis	Rhubarb & Apple Crumble with Vanilla Custard	Apricot Upside-Down Cake & Chantilly Cream	Cornflake Crispy Chocolate Cake
Soup of the Day	Soup of the Day with Crispy Onions, Croutons, Seeds mix, Bread	Soup of the Day with Crispy Onions, Croutons, Seeds mix, Bread	Soup of the Day with Crispy Onions, Croutons, Seeds mix, Bread	Soup of the Day with Crispy Onions, Croutons, Seeds mix, Bread	Soup of the Day with Crispy Onions, Croutons, Seeds mix, Bread




Junior School Lunch Menu

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Jacket Potato Day	Chicken Goulash or Mushroom Goulash 	BBQ Pulled Pork or BBQ Pulled Jackfruit	Beef Lasagne or Vegetarian Lasagne 	Brunch Sausages, Bacon Scrambled Eggs
Sides	Mushroom Sauce Chickpeas & Spinach Curry Green Beans Cauliflower 	Rice Broccoli Carrots Sour Cream	New Potatoes Salad Sweet corn Pickle Slaw White corn Tortilla	Garlic Bread Carrots Garden Peas	Bubble & Squeak Hash Browns Roasted tomatoes Mushrooms
Pasta & Jacket	Baked Beans Grated Cheese Tomato Sauce	Baked Beans Grated Cheese Tomato Sauce	Baked Beans Grated Cheese Tomato Sauce	Baked Beans Grated Cheese	Baked Beans Grated Cheese
Desserts	Lattice Pear Pie & Chocolate Sauce	Date & Banana Bread with Cream	Lemon & Lavender Sponge Cake	Bread & Butter Pudding with Vanilla Custard	Chocolate Brownie
Soup of the Day	Soup of the Day with Crispy Onions,Croutons, Seeds mix, Bread	Soup of the Day with Crispy Onions,Croutons, Seeds mix, Bread	Soup of the Day with Crispy Onions,Croutons, Seeds mix, Bread	Soup of the Day with Crispy Onions,Croutons, Seeds mix, Bread	Soup of the Day with Crispy Onions, Croutons, Seeds mix, Bread





Junior School Lunch Menu

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Samosa Style Crispy Pie or Lentil Dhal Curry 	Meat Balls or Veggie Balls in rich Tomato Sauce 	Roast Turkey or Roast Aubergine	Chili con Carne Or Sweet Potato & Beans Chili  	Fish Fingers or Grilled Halloumi Stack 
Sides	Pilau Rice Cauliflower Green Beans Raita	Spaghetti Garden Peas Celeriac Rosemary Focaccia	Roasted Potatoes Curly Kale, Carrots Yorkshire Puddings Gravy	White corn Tortilla Braised Rice Green Beans Corn cob Tomato Salsa Guacamole	Tartar Sauce Tomato Ketchup French Fries Sweet Corn Garden Peas
Pasta & Jacket	Baked Beans Grated Cheese Tomato Sauce	Baked Beans Grated Cheese Tomato Sauce	Baked Beans Grated Cheese Tomato Sauce	Baked Beans Grated Cheese Tomato Sauce	Baked Beans Grated Cheese
Desserts	Cocoa & Orange Drizzle Sponge	Dorset Apple Cake with Vanilla Custard	Superseed Flapjack	Chocolate Chips & Pear Sponge with Vanilla Cream	Boost Carrot Cake with Chocolate & Sweet potato Icing
Soup of the Day	Soup of the Day with Crispy Onions, Croutons, Seeds mix, Bread	Soup of the Day with Crispy Onions, Croutons, Seeds mix, Bread	Soup of the Day with Crispy Onions, Croutons, Seeds mix, Bread	Soup of the Day with Crispy Onions, Croutons, Seeds mix, Bread	Soup of the Day with Crispy Onions, Croutons, Seeds mix, Bread

