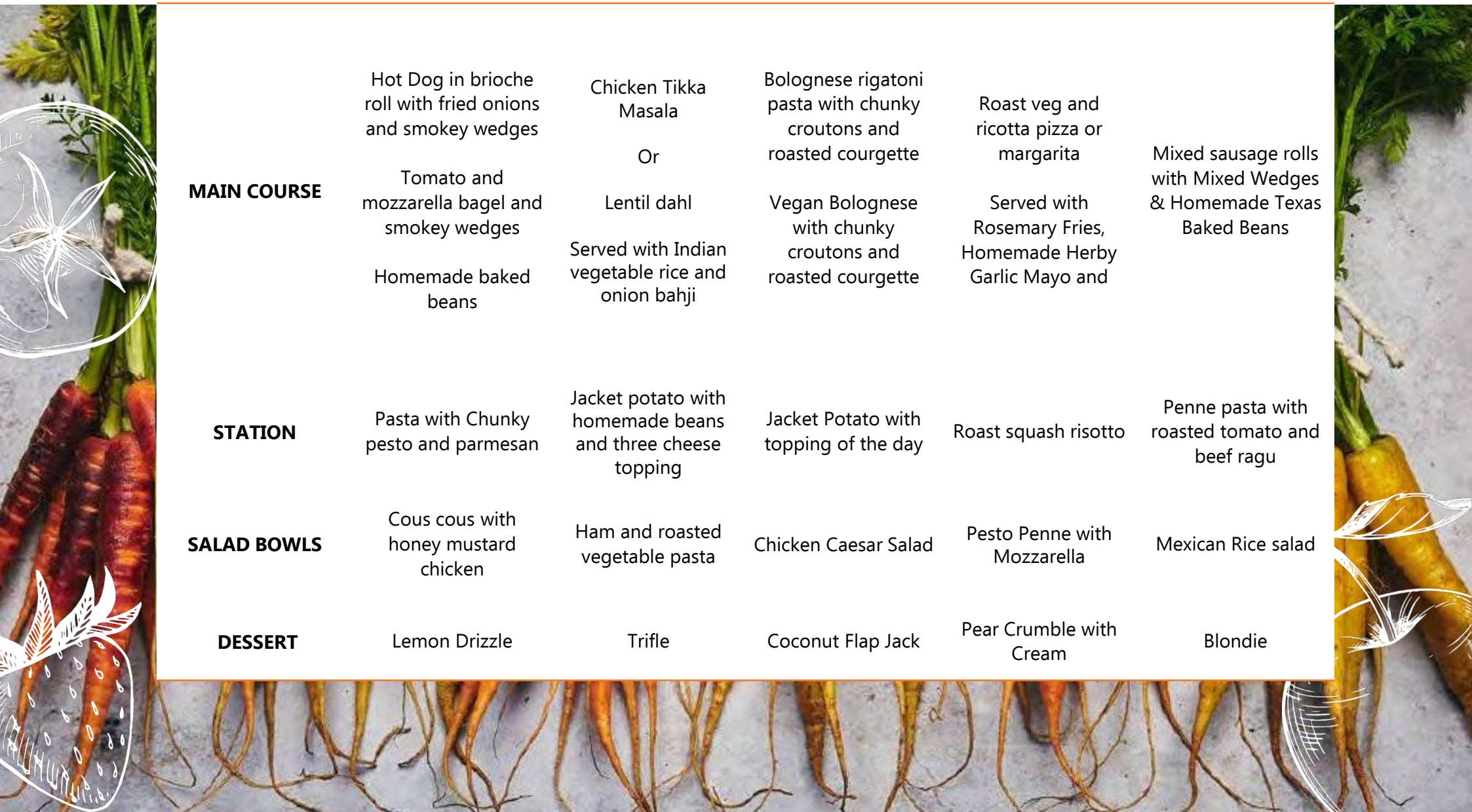


Weekly Menu

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Chicken Katsu Or Aubergine Katsu Sticky Rice Katsu Sauce Naked Slaw Pickles	Autumn Macaroni Cheese Topped with Mushrooms Topped with Crispy panko breadcrumbs	Mexican Chicken and Sweet Potato Burrito and Nachos Falafel and Med Veg wrap with Rice and Nachos Spicy Green Beans	Braised Pork Belly Or Honey or Sesame Roasted Tofu Hoisin noodles Sesame vegetables	Homemade Battered Fish or Hawaiian Topped Ciabatta, Chunky Chips & Mushy Peas tartar sauce
STATION	Jacket Potato with Sausage cassoulet	Homemade Pesto Gnocchi with Fresh Tomato and Basil Sauce	Cabonara Pasta	Jacket potato with topping of the day	
SALAD BOWLS	Noodle salad	Ham and Cheese Ploughmans	Tuna Nicoise	Chicken Caesar Salad	Greek Salad
DESSERT	Brownie	Retro sponge cake	Blueberry Muffins	Vanilla Panna Cotta with vanilla crumble	Raspberry and cream scones

Weekly Menu

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	<p>Hot Dog in brioche roll with fried onions and smokey wedges</p> <p>Tomato and mozzarella bagel and smokey wedges</p> <p>Homemade baked beans</p>	<p>Chicken Tikka Masala</p> <p>Or</p> <p>Lentil dahl</p> <p>Served with Indian vegetable rice and onion bahji</p>	<p>Bolognese rigatoni pasta with chunky croutons and roasted courgette</p> <p>Vegan Bolognese with chunky croutons and roasted courgette</p>	<p>Roast veg and ricotta pizza or margarita</p> <p>Served with Rosemary Fries, Homemade Herby Garlic Mayo and</p>	<p>Mixed sausage rolls with Mixed Wedges & Homemade Texas Baked Beans</p>
STATION	<p>Pasta with Chunky pesto and parmesan</p>	<p>Jacket potato with homemade beans and three cheese topping</p>	<p>Jacket Potato with topping of the day</p>	<p>Roast squash risotto</p>	<p>Penne pasta with roasted tomato and beef ragu</p>
SALAD BOWLS	<p>Cous cous with honey mustard chicken</p>	<p>Ham and roasted vegetable pasta</p>	<p>Chicken Caesar Salad</p>	<p>Pesto Penne with Mozzarella</p>	<p>Mexican Rice salad</p>
DESSERT	<p>Lemon Drizzle</p>	<p>Trifle</p>	<p>Coconut Flap Jack</p>	<p>Pear Crumble with Cream</p>	<p>Blondie</p>



Weekly Menu

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Beef lasagne or veggie lasagne with homemade focaccia lemony green beans	Roast dinner burger with garlic aioli rosemary and garlic potatoes	Sweet and sour tofu with egg fried rice and prawn crackers	Pork and Apple, Beef and Tomato or Veggie Sausages Served with Thyme Mashed Potato, fried greens & Gravy	Friday fish and chip shop Battered Fish or Sausage in Batter with & Cajun Fries
STATION	Jacket potato with tuna mayo, sweetcorn and cheese	Roasted vegetable gnocchi with mozzarella	Spaghetti with mushroom carbonara sauce and vegetarian parmesan	Jacket potato with topping of the day	
SALAD BOWLS	Greek Salad	Asian noodle salad with chopped steak	Cous Cous with pomegranate and fried halloumi	Tuna potato salad	Pesto pasta with chicken and cherry tomato
DESSERT	Brownie	Lemon Drizzle	Carrot Cake	White chocolate and raspberry cupcake	Trifle

