

Breakfast

Week One	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Drinks	Selection of Tea, Coffee, Hot Chocolate, Hydration Station & Fresh Fruit Juice						
Hot items	Mc Kirby Pork & Egg Muffin Or Mushroom & Egg Muffin Potato & Onion Rosti	Bacon, Pork Sausage, Chicken Sausage, Mushrooms, Hash Browns, Baked Beans & Scrambled Eggs	Selection of Pastries, Sliced Meats & Cheeses & Boiled Eggs	Vegetarian Sausages, Mushrooms, Tomatoes, Hash Browns, Baked Beans & Fried Eggs	Bagel Bar Smoked Salmon & Cream Cheese Cheese & Ham Roasted Tomato & Avocado	Choice of Cheese, Pork, Chicken or Mixed Vegetable Omelette, Hash Browns & Baked Beans	Bacon, Pork Sausage, Chicken Sausage, Mushrooms, Hash Browns, Baked Beans & Fried Eggs
Specials	Sliced Avocado & Poached Egg Muffin	Sweet Belgian Waffles with Toppings	Smoked Salmon & Cream Cheese Bagels	Bacon & Egg Muffins	Homemade Potato Hash Topped with Fried Egg	Freshly Baked Croissant Sliced Cheese Sliced Ham Sliced Turkey	Homemade American Style Pancakes with Toppings Mixed Melon Platter
Side Offers	Bread Selection with Jams & Butter Freshly Baked Pastry Selection of Cereals with Fresh Milk Fresh Whole Fruit						
Yoghurt	Fresh Natural Yoghurt Served with a Variety of Toppings						



Breakfast

Week Two	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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Hot items	Mc Kirby Pork & Egg Muffin Or Mushroom & Egg Muffin Potato & Onion Rosti	Bacon, Pork Sausage, Chicken Sausage, Mushrooms, Hash Browns, Baked Beans & Scrambled Eggs	Selection of Pastries, Sliced Meats & Cheeses & Boiled Eggs	Vegetarian Sausages, Mushrooms, Tomatoes, Hash Browns, Baked Beans & Fried Eggs	Bagel Bar Smoked Salmon & Cream Cheese Cheese & Ham Roasted Tomato & Avocado	Choice of Cheese, Pork, Chicken or Mixed Vegetable Omelette, Hash Browns & Baked Beans	Choice of: Eggs Benedict Eggs Royale Eggs Florentine Mixed Berry & Banana Smoothie
Specials	Sliced Avocado & Poached Egg Muffin	Sweet Belgian Waffles with Toppings	Smoked Salmon & Cream Cheese Bagels	Bacon & Egg Muffins	Homemade Potato Hash Topped with Fried Egg	Freshly Baked Croissant Sliced Cheese Sliced Ham Sliced Turkey	
Side Offers	Bread Selection with Jams & Butter Freshly Baked Pastry Selection of Cereals with Fresh Milk Fresh Whole Fruit						
Yoghurt	Fresh Natural Yoghurt Served with a Variety of Toppings						



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Week Three	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Drinks	Selection of Tea, Coffee, Hot Chocolate, Hydration Station & Fresh Fruit Juice						
Hot items	Mc Kirby Pork & Egg Muffin Or Mushroom & Egg Muffin Potato & Onion Rosti	Bacon, Pork Sausage, Chicken Sausage, Mushrooms, Hash Browns, Baked Beans & Scrambled Eggs	Selection of Pastries, Sliced Meats & Cheeses & Boiled Eggs	Vegetarian Sausages, Mushrooms, Tomatoes, Hash Browns, Baked Beans & Fried Eggs	Bagel Bar Smoked Salmon & Cream Cheese Cheese & Ham Roasted Tomato & Avocado	Choice of Cheese, Pork, Chicken or Mixed Vegetable Omelette, Hash Browns & Baked Beans	American Steak & Eggs Vegetarian Breakfast Quesadilla Homemade American Style Pancakes with Toppings Parmentier Potatoes Fresh Fruit Salad
Specials	Sliced Avocado & Poached Egg Muffin	Sweet Belgian Waffles with Toppings	Smoked Salmon & Cream Cheese Bagels	Bacon & Egg Muffins	Homemade Potato Hash Topped with Fried Egg	Freshly Baked Croissant Sliced Cheese Sliced Ham Sliced Turkey	
Side Offers	Bread Selection with Jams & Butter Freshly Baked Pastry Selection of Cereals with Fresh Milk Fresh Whole Fruit						
Yoghurt	Fresh Natural Yoghurt Served with a Variety of Toppings						



Lunch

Week One

Saturday

Main Stop

Panini Bar

Ham & Cheese
Tuna Mayo
Mozzarella, Pesto & Tomato
Sweet Chilli Chicken

On the side

Mixed Leaf Salad,
Cajun & Chilli Roasted Sweet Potato & Coleslaw

Dessert

Sliced Fruit Platter





Lunch

Week Two

Saturday

Main Stop

Pasta Bar

Selection of Pasta
Served with a choice of the following sauces:

Fresh Tomato
Nut-Free Basil Pesto
Or
Bacon Carbonara

On the side

Mixed Leaf Salad,
Chilli Garlic Focaccia & Coleslaw

Dessert

Sliced Fruit Platter





Lunch

Week Three	Saturday
Main Stop	Chicken & Chorizo Jambalaya
Veggie Stop	Mixed Vegetable & Chickpea Jambalaya
On the side	Mixed Salad Bar
Dessert	Sliced Fruit Platter



Supper

Week One	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Simple But Tasty Main	Chicken Paprikash	Carne Asada Burrito Bowl	Fresh Salmon Fillets with a Dill & Cream Sauce	Breaded Chicken Katsu Burger	Beef & Mushroom Stroganoff	Roasted Pork Steaks Served with a Sesame & Soy Glaze	Catch of the Day
Meat Free	Mixed Vegetable Paprikash	Mushroom Burrito Bowl	Gnocchi Served with Spinach & Basil Pesto	Breaded Quorn Katsu Burger	Mushroom Stroganoff	Sesame Roasted Tofu	Aubergine Parmegiana
On the side	Pasta, Honey Roasted Carrots & Broccoli	Cajun Style Mixed Bean Rice & Spicy Corn	Mash Potato, Leeks & Peas	Sweet Potato Chunks, White Cabbage & Broccoli	Penne Pasta, Garlic Roasted Broccoli & Braised Red Cabbage	Coconut Rice, Spiced Courgette & Roasted Chickpeas	Sautéed Potatoes, Green Beans & Roasted Cherry Tomatoes
Chef's Special		Chilli Tortilla Chips, Sour Cream, Homemade Tomato Salsa & Guacamole		Sweet Chilli Slaw		Soup Of The Day With Homemade Bread	Lemon & Parsley Crumb
Dessert	Apple Strudel Served with Vanilla Whipped Cream	Churros Dusted with Cinnamon Sugar & Chocolate Sauce	Homemade Cheesecake	Blueberry & Lemon Sponge	Apple Pie Served with Custard	Homemade Hot Chocolate	White Chocolate Blondie
Salads	A Daily Selection of Freshly Made Salads						

Selection of Fresh Cut & Whole Fruits

Supper

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Simple But Tasty Main	Beef & Blue Cheese Meatballs	Gammon Steaks	American Style Hot Dogs	Teriyaki Chicken	Shrimp Linguine Or Garlic & Herb Linguine Garlic Ciabatta, Chilli Green Beans & Peppered Mushrooms	Lamb & Mint Burger	Breaded Chicken
Meat Free	Vegan Meatballs	Glamorgan Sausages	Vegan Hot Dogs	Teriyaki Glazed Tofu		Spiced Mixed Bean Plant-Based Burger	Marinated Tofu
On the side	Penne Pasta, Garlic Focaccia, Lemon & Herb Dressed Green Beans	Fried Eggs, Chips, Peas & Pineapple Slices	Selection of Toppings, Sauces & Sweet Potato Wedges	Sticky Sesame Rice, Pak Choi & Chilli Edamame Beans		Fries, Corn on the Cob, Garlic Mayo	Ramen Noodles, Chicken Or Vegetable Broth, Bok Choi & Chinese Leaf
Chef's Special	Shaved Parmesan, Rocket & Apple Salad			Sticky Soy Mushroom		Caramelised Onion, Sliced Beef Tomato & Emmental Cheese	
Dessert	Mixed Berry & Oat Crumble with Cream	Warm Carrot Cake	Natural Yogurt with Granola & Mixed Berry Pots	Sweet & Salty Popcorn Bags	Apple Pie Served with Custard	Tiramisu	Chocolate Cookies
Salads	A Daily Selection of Freshly Made Salads						
Selection of Fresh Cut & Whole Fruits							

Supper

Week Three	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Simple But Tasty Main	Cajun Chicken & Bacon Pasta Bake	Lamb & Spring Vegetable Stew	Roasted Chicken Thigh Served with a Creamy Mushroom Sauce	Pizza Evening	Lemon & Herb Chicken	Traditional Fish Pie	Roast Pork Served with Homemade Apple Sauce
Meat Free	Fresh Cherry Tomato & Mascarpone Pasta	Smoked Potato & Chickpea Stew	Quorn Pieces Served with a Creamy Mushroom Sauce	With a Variety of Different Toppings	Grilled Halloumi	Spinach, Chickpea & Mushroom Pie	Butternut & Sweet Potato Wellington
On the side	Homemade Garlic Focaccia & Sweetcorn	Mash Potato, Garlic Peas & Honey Roasted Parsnips	Rice, Steamed Broccoli & Sweetcorn	Served with a Roasted Medley of Vegetables & Mixed Salad	Served on Flat Bread with Crispy Lettuce, Tomato, Cucumber, Pickled Cabbage, Cajun Fries, Roasted Courgette & Mixed Peppers	Minted Crushed Garden Peas & Garlic Green Beans	Roast Potatoes, Roast Carrots, Broccoli, Cauliflower Cheese & Stuffing Balls
Chef's Special		Homemade Onion & Garlic Scone					
Dessert	Rocky Road	Bread & Butter Pudding	Homemade Chocolate Pancakes With a Selection of Toppings	Milkshakes	Panna Cotta	Beetroot Brownie	Mixed Berry Cheesecake
Salads	A Daily Selection of Freshly Made Salads						
Selection of Fresh Cut & Whole Fruits							